

## MENU DICIEMBRE COLEGIO SAGRADO CORAZÓN - FUNDACIÓN IGAREDA

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>LENTEJAS CON CHORIZO</b> (Lentils and sausage)	<b>MACARRONES CON TOMATE</b> (Pasta in tomato sauce)	<b>PURE DE VERDURA</b> (Vegetable puree)	FESTIVO	<b>GARBANZOS ESTOFADOS</b> (Chickpeas stew)
<b>SAN JACOBO CON ENSALADA</b> (Pork loin "Cord Bleu" stuffed with ham and cheese)	<b>ALBONDIGAS CON CHIPS</b> (Meatball and chips)	<b>PESCADO CON CHIPS</b> (Fish and chips)		<b>FILETE DE LOMO CON ENSALADA</b> (Tenderloin and salad)
<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)		<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>RAGOUT</b> (Ragout)	<b>PURE DE VERDURA</b> (Vegetable puree)	<b>MACARRONES CON TOMATE</b> (Pasta in tomato sauce)	<b>LENTEJAS CON CHORIZO</b> (Lentils and sausage)	<b>ALUBIAS ESTOFADAS</b> (Baked beans)
<b>PESCADO CON ENSALADA</b> (Fish and salad)	<b>TORTILLA FRANCESA CON ENSALADA</b> (French omelette and salad)	<b>FILETE RUSO CON ENSALADA</b> (Pork Steak and salad)	<b>POLLO ASADO CON ENSALADA</b> (Roast chicken and salad)	<b>SALCHICHAS CON ENSALADA</b> (Sausages and salad)
<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>PATATAS RIOJANA</b> (Stewed potatoes)	<b>PURE DE VERDURA</b> (Vegetable puree)	<b>ARROZ TRES DELICIAS</b> (Fried rice)	<b>GARBANZOS ESTOFADOS</b> (Chickpeas stew)	<b>MACARRONES CON TOMATE</b> (Pasta in tomato sauce)
<b>PECHUGA DE POLLO CON ENSALADA</b> (Chicken breast and salad)	<b>ALBONDIGAS CON CHIPS</b> (Meatball and chips)	<b>PESCADO CON CHIPS</b> (Fish and chips)	<b>SAN JACOBO CON ENSALADA</b> (Pork loin "Cord Bleu" stuffed with ham and cheese)	<b>POLLO ASADO CON ENSALADA</b> (Roast chicken and salad)
<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)	<b>FRUTA/YOGURT</b> (Fruit/Yoghurt)